Viridian MD Pediatric History Form Ages 9 to 21 years Please indicate any delivery complications including **General Information** Patient's full name: NICU if relevant: Patient's date of birth: Nickname: Patient's previous doctor: (Optional) Race: **Immunizations** **Please bring a copy of your immunization record to your first appointment, or send it Ethnicity: Hispanic Non Hispanic by mail or fax with this form. ** **Current medications** ☐ Immunizations current Please include vitamins, supplements and herbs: ☐ Behind on immunizations & why: □ Not immunized & why: **Allergies** □ None Family Social History ☐ Food: Who lives at home with patient? (Include parents, ☐ Seasonal: siblings, grandparents, etc.) ☐ Other: Household #1 **Pregnancy and Delivery** Name Relationship Age Where was patient born? (State and hospital): Is the patient yours by: ☐ Birth ☐ Adoption ☐ Stepchild ☐ Foster child ☐ Other Household #2 Pregnancy: Name Age Relationship Any medications taken during pregnancy: □ None ☐ Prenatal vitamins ☐ Other Please indicate any complications during pregnancy: If patient spends time in two households, describe custody arrangements (50/50, etc): Delivery: □ Vaginal ☐ Caesarian Section □ Breech Birth weight: Birth length: Parent #1 occupation: ☐ Premature & how early? Parent #1 employer:

Parent #2 occupation:
Parent #2 employer:

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Past Medical History	Any sleep problems?	
☐ Current or previous medical diagnoses:		
	Dental:	
	Is the patient seeing a dentist? ☐ Yes ☐ No	
☐ Hospitalizations & why? (Include age or date):	Dental problems or concerns:	
	School:	
☐ Surgeries & why? (Include age or date):	Current school:	
	Grade level:	
	Any concerns about school performance?	
☐ Injuries, concussions, fractures, stitches, etc:	☐ Yes ☐ No If yes, please explain:	
Development:		
Have you or a previous provider had concerns	Mental Health:	
regarding your child's development (speech, gross	Have you or a previous provider had concerns	
motor, fine motor, etc)? \square Yes \square No	regarding your child's behavior/emotional needs?	
If Yes, please describe:	□ Yes □ No	
	If Yes, please describe:	
Have you or a previous provider had concerns		
regarding your child's puberty timing (early or late)?	If Yes, has your child had any evaluations or	
☐ Yes ☐ No	therapy?	
If Yes, please describe:		
	Activities/Exposures/Habits:	
	☐ Physical Activity:	
Has your child started menstruating (period)?		
☐ Yes ☐ No ☐ N/A	☐ Other activities:	
Nutrition:	Number of hours per day of screen time (TV,	
☐ Eats a well-balanced diet ☐ Vegetarian	computers, video games, etc.):	
☐ Vegan ☐ Picky eating or nutritional concerns	Any family members smoke (inside or outside)?	
Has your child had any dietary or feeding	□ Yes □ No	
problems? \square Yes \square No	Firearms in the home? □ Yes □ No	
If yes, please explain:	If yes, are locked? ☐ Yes ☐ No	
Sleep:		
Hours per night:		

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Review of All Systems : Please check any current or		Musculoskeletal:		
past medical problems your child has had.		☐ Joint pain	☐ Joint swelling	
General:		☐ Muscle weakness	☐ Head injuries	
☐ Fever	☐ Excessive sweating	☐ Concussions - If so, indicate the #		
☐ Chills	☐ Unexplained weight loss	Neurological:		
☐ Fatigue	☐ Unexplained weight gain	☐ Tension headaches	☐ Dizziness	
Eyes:		☐ Migraine headaches	☐ Fainting	
☐ Wears glasses	☐ Wears contacts	☐ Seizures	☐ Staring spells	
☐ Lazy eye(s) ☐ Crossed eyes		Psychiatric, Emotional & Education:		
Ears, Nose & Throat:		□ ADD/ADHD	☐ Developmental delays	
☐ Hearing loss	☐ Frequent ear infections	☐ Anxiety/Stress	☐ Depression	
☐ Allergies	☐ Frequent runny nose	☐ Aggression/Fighting ☐ Speech problems		
☐ Snoring	☐ Frequent bloody nose	☐ Sleep difficulty	□ IEP	
☐ Frequent sore throats or strep throat		☐ Learning difficulty	☐ Substance abuse	
☐ Problems with teeth and gums		Skin:		
Respiratory:		☐ Eczema	☐ Acne	
☐ Asthma	☐ Chronic cough	☐ Unusual moles	□ Rashes	
☐ RAD or wheezing	☐ Chest pain	☐ Hives	☐ Bruising	
☐ Recurrent croup	□ EIB	Endocrine:		
☐ Shortness of breath with exercise		☐ Diabetes	☐ Thyroid disease	
Cardiovascular:		☐ Short stature	☐ Precocious puberty	
☐ Heart murmur ☐ Heart defect		Specific infections (Plus ag	Specific infections (Plus age or date of infection):	
☐ Fainting	☐ Arrhythmia	☐ Chicken pox	☐ Meningitis	
☐ Poor endurance compared to peers		□ RSV	☐ Tuberculosis	
Gastrointestinal:		☐ Whooping cough (Pertussis)		
☐ Nausea	☐ Constipation	Any other concerns?		
☐ Chronic diarrhea	☐ Unexplained vomiting			
☐ Blood in stools	☐ Frequent stomachaches			
☐ Jaundice	☐ Soiling underwear			
Genitourinary:				
☐ Bed wetting	☐ Daytime wetting			
☐ Frequent urination	☐ Pain with urination			
☐ Blood in urine	□ UTI			
☐ Urinary reflux	☐ Painful periods			
☐ Irregular periods	□ PMS			

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<u>Family History</u>: Please indicate <u>using the following key</u> any family members who at any time in their lives have been diagnosed with any of these conditions. Please indicate if any family members have died from any of these conditions.

KEY-PLEASE USE THE FOLLOWING IDENTIFIERS FOR FILLING OUT THE FAMILY HISTORY

Mother = Mother	Brother = Brother	Grandfather =	Aunt = Mother or	Cousin = Cousin
of Patient	of Patient	Patient's Grandfather	Father's Sister	of Patient
Father = Father	Sister = Sister of	Grandmother =	Uncle = Mother or	
of Patient	Patient	Patient's Grandmother	Father's Brother	

Mother's Family History	Father's Family History
ADHD_	ADHD
Alcoholism/Substance abuse	Alcoholism/Substance abuse
Allergies	
Alzheimer's	Alzheimer's
Anemia	Anemia
Anxiety	Anxiety
Asthma	Asthma
Childhood asthma	Childhood asthma
Arthritis	Arthritis
Autism	Autism
Autoimmune diseases	Autoimmune diseases
Bipolar disorder	Bipolar disorder
Birth defect	Birth defect
Bladder problems	Bladder problems
Bleeding disorders_	Bleeding disorders
Blood diseases	Blood diseases
Cancer (Type)	Cancer (Type)
Celiac	Celiac
COPD	COPD
Developmental disabilities	Developmental disabilities
Depression	•
Suicide_	Suicide
Diabetes	Diabetes
Eating disorder	Eating disorder
Educational difficulties_	
GI disorders (Reflux, Colitis, Crohn's)	GI disorders (Reflux, Colitis, Crohn's)
Hearing loss	
Heart disease	Heart disease
Heart arrhythmia (Prolonged QT, SVT)	Heart arrhythmia (Prolonged QT, SVT)
High blood pressure	
High cholesterol	High cholesterol
Hip dysplasia	Hip dysplasia
Kidney disease	Kidney disease
Lazy eye (Strabismus)	Lazy eye (Strabismus)
Melanoma_	Melanoma
Mental illness	Mental illness
Migraine headaches	Migraine headaches
Obesity/Overweight	
Renal reflux_	Renal reflux
Rheumatological disease	Rheumatological disease
Scoliosis	Scoliosis
Seizures	Seizures
Epilepsy	Epilepsy
Stroke	Stroke
Sudden cardiac death	Sudden cardiac death
Sudden unexplained death	Sudden unexplained death
Thrombosis (Blood clot)	Thrombosis (Blood clot)
Thyroid disease	Thyroid disease
Other	Other